



Course Title: GPA Ballet

Instructor: Ty Young

Consultant: Scripps Performing Arts, Inc. - Mr. Gari

Instructor Availability: Lunchtime and after school by student request

Instructor Contact: Room 4, phone (619)263-2171 ext. 2504

email - tyoung@gomperscharter.org

Course Description:

This course is designed for students with little or no previous experience of ballet, this class will introduce the basics of ballet technique with an emphasis on core strength, musicality, presentation skills, mental focus, muscle memory, fun and enjoyment. The study of ballet improves posture, general health and coordination whilst giving the opportunity to express and communicate through music and movement.

GPA Grading Guidelines:

Category	Grading Criteria	Percentage
Classwork	<ul style="list-style-type: none">Completion/Quality <p>(Must have a minimum of 1 weekly grade)</p>	30%
Demonstrations of Learning	<ul style="list-style-type: none">Key Course Assignments <p>(See course syllabus for Unit Key Assignments)</p>	35%
Homework/Independent Learning	<ul style="list-style-type: none">Any work assigned to a student in which they complete on their own outside of class. <p>(Must have a minimum of 1 weekly grade)</p>	10%
Quarter Finals	<ul style="list-style-type: none">Quarter finals are course specific, standards based exams that cover content from the 9 week quarter.	25%

* Classwork/Participation and Homework/Independent Learning will be updated weekly.

Prerequisites: None



Course Materials:

Ballet Journal (Provided)

Girls Ballet (Provided)

~Pink tights under a black leotard.

~Pink ballet slippers (canvas shoes do not exercise the feet as well).

~ Hair must be in a bun if at all possible; bangs must be pulled o the face.

Boys Ballet (Provided)

~ Black tights and a plain white t-shirt, tucked in.

~ Black ballet slippers (canvas shoes do not exercise the feet as well).

~ Dance belt

~ Shorts allowed - must come down to mid thigh.

Course Structure: The ballet class is different from a lecture course or another arts class. The ballet class has two distinct parts: the barre and the center. During both parts of the class, dancers follow protocols and rules of etiquette to expedite transitions from one combination to another.

This is a participation class. The instructor uses verbal instructions and physical demonstrations to teach ballet, and students are expected to participate fully in each class. Practice and repetition are the primary modes of learning, followed by corrections, clarification and detailed analysis. The year will begin with basic conditioning followed by an introduction to the fundamentals of ballet: body positions, directions, port de bras, and simple, repetitive movements. As the year progresses the pace quickens, the movements become more detailed and the phrases become longer and more complex.

Course of Study:

Fundamentals of ballet technique

Anatomy as it pertains to ballet technique

Alignment

Strength, flexibility and coordination

Ballet aesthetic

Ballet terminology

Key Assignments:

Quarterly Performances

Essays



Course Specific Student Expectations:

Attend class. Arrive on time and stay for the entire class.
Participate in class activities, assignments and discussions.
Wear attire as described by the instructor.
Dress out in no more than 7 minutes.
Bring your ballet journal and pen every day.

Accommodations/Modification and Supports:

Any student who requires accommodations, modifications or additional supports should contact me as early as possible so that we may arrange accommodations, modifications and supports.

GPA Student Expectations:

School-wide Attendance: All students are expected to be punctual and in their classroom seat, ready to learn for each day. Under California law (Ed. Code 48200) all children between the ages of six and eighteen are required to be enrolled and in regular attendance at school. GPA families know that school attendance is the critical first step to make sure that each student receives an education that will help them on their path to college. Students cannot learn what they need to be prepared for the next grade level, if they are not in school. The more absences from school a student has, the more they fall behind in their classes and the more difficult it will be to make it to college.

Planner Use: All students are expected to write all assignments in their GPA planner daily. Your first GPA planner will be provided by the school to support organization and time management.

Homework Completion: As a school working toward college preparation, all GPA students are expected to complete their daily/weekly assignments. Students who fail to complete their homework assignments on time, and are unexcused, will be required to attend lunch and after school tutoring support daily until completed. Until all assignments are completed, students may not be eligible for athletics, clubs, and other extracurricular activities.

Electronic Device Policy: Cell phones, smart watches, and other electronic communication devices that can send and/or receive data are not permitted to be visible, heard, or used in any manner during school hours except by approval of school authorities. Any violation and/or disruption of the learning process will result in the confiscation of the item. The parent/guardian must pick up the confiscated item from the Office of Student Conduct or the teacher.

Computer/Internet Usage Policy: Students may not use computers and/or the GPA network without proper adult supervision. The teacher/staff will choose resources on the Internet that are



appropriate for classroom instruction and/or research for the needs, maturity, and ability of their students.

Acceptable Use-

- Access to any site that provides information relevant to current class assignments
- Access to college or university websites
- Use of teacher approved educational software (games, instructional tools, etc.)

Academic Integrity: Honest behavior is an expectation for all students at Gompers Preparatory Academy. Our goal is to create and maintain an ethical academic atmosphere. Acts of academic dishonesty that will not be tolerated at GPA are listed below:

- Cheating on any classroom assignment, test, or quiz
- Plagiarism - copying or representing another's ideas, words, or work as one's own, without properly citing the source. Plagiarism includes the misuse of published material, electronic material, and/or the work of other students. The original writer who intentionally shares his/her work for another to copy, without the permission of the teacher, is also engaged in plagiarism.
- Fabrication (any falsification or invention of date, citation, or other authority in an assignment); theft or alteration of materials
- Unauthorized collaboration
- Unauthorized use of electronic devices

Students found in violation of GPA's Academic Integrity Policy will be disciplined appropriately which may lead to formal suspension. Consequences for offenses may include, but are not limited to, detention, *lowering of academic and citizenship grade and/or suspensions/exclusion from extracurricular activities.*

Standards/Format for Writing Papers - MLA Format:

The standard format for all papers follows the MLA formatting rules:

1. Typed, double-spaced: TIMES NEW ROMAN, 12 font, including title
2. Heading: 4 lines
Student name: "Sammy Gompers"
Teacher name: Ms. Teacher
Course name, period: English I, Period 3
Date 06 February 2009
3. All pages numbered: upper right corner, last name and page number; no punctuation, no "p." or "pg."
4. Title: centered, upper and lower case
5. Work Cited/ Documentation Format: It is necessary to credit any source that is used in a paper or project. Plagiarism is considered cheating. All sources must be documented.



Citing sources in a paper must be thorough and accurate. MLA formatting for in text citations and works cited is mandatory

Important Dates:

Quarter 1:

- Finals Week: October 23rd and 27th
- Parent Conferences: October 23rd - 27th
- End Date: October 30th

Quarter 2:

- Q2 Finals Week: January 22nd - 26th
- Parent Conferences: January 16th - 22nd
- End Date: January 31st

Quarter 3:

- Q3 Finals Week: April 9th - 13th
- Parent Conferences: April 16th - 20th
- End Date: April 23rd

Quarter 4:

- Q4 Finals Week: May 29th - June 1st
- End Date: June 26th

Student Signature : _____ Parent/Guardian Signature: _____

Date: _____

